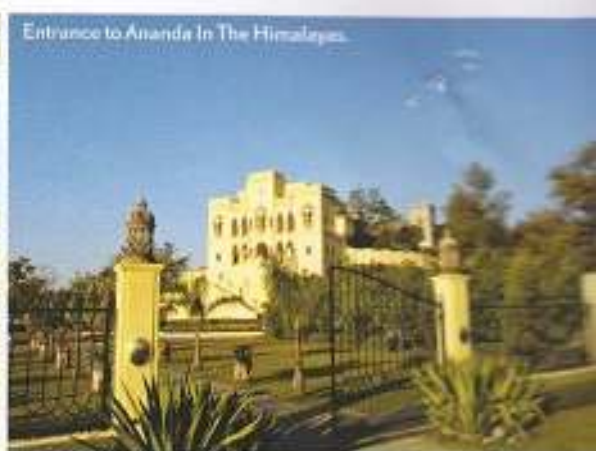


winner ANANDA IN THE HIMALAYAS



Ahyanga treatment at Ananda.



Entrance to Ananda In The Himalayas.



Hawa Mahal at Ananda.



BEST DESTINATION SPA INDIA

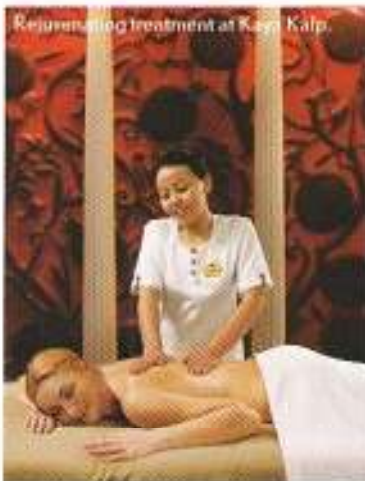
It's easy to lose yourself in the tranquil atmosphere at Ananda In The Himalayas. Located in the foothills of the Himalayas close to the mythological cities of Rishikesh and Haridwar, this destination spa redefines lifestyles with its holistic yoga, Ayurveda and Vedanta treatments combined with contemporary international therapies.

An echo of nature, the rooms at the spa are spacious, serene and elegant. Apart from these, Ananda also has Garden Suites with tranquil garden views, the Ananda Suite, the Viceregal Suite, and Ananda Villas, equipped with modern amenities, so as to allow complete relaxation to the guests.

Ananda finds a balance between natural surroundings and age-old rejuvenating processes and techniques to help guests rediscover

themselves. The experiences at this spa are customised, chosen according to the needs of an individual after consultation with an expert. It offers more than 80 treatments including Ayurvedic experiences, yoga and meditation, international experiences, beauty experiences as well as fitness and activities. You can also visit the spa with your better half and reconnect in the most romantic setting.

As much as treatments are important for cleansing of the body, food plays an equally vital role in the process. Ananda is not the place to lose weight and go on a diet; rather a destination that teaches a way of life. While an individual is relaxing and revitalising his body, a healthy diet is indispensable. For the same reason, the spa has a restaurant, a tea lounge and also provides private dining experiences. The pool is yet another place that people find positively refreshing!



Rejuvenating treatment at Kaya Kalp.

Runner-up | KAYA KALP-THE ROYAL SPA, ITC MUGHAL, AGRA



Guest getting a Thai Massage.

BEST DESTINATION SPA INDIA

A fitting tribute to the Mughal dynasty, the lavish ITC Mughal, Agra is a royal refuge. It comprises 233 opulent rooms and suites and has extensively used greenery and water, keeping the legacy of the Mughals alive. More than anything else, ITC Mughal, Agra is known for its spa Kaya Kalp, the largest in India. Spread over a vast expanse of over 99,000 square feet, the opulent wellness sanctuary features fountains, Mughal gardens, and interiors embellished with mother of pearl, mirrors and latticework. The treatment at this spa starts with a Pomegranate Body Scrub and is followed by the signature Kaya Kalp Massage and an Indian Foot Massage. Its proximity to the Taj Mahal has inspired the innovative 180-minute Taj Mahal Romance journey that's perfect for couples.